

Community Recovery Meetings at CeDAR Updated 1.26.2023

1693 North Quentin Street | 720.848.3000 | Masking required for in-person meetings

Day	Time	Meeting	Group	Type	Format	Password/Location
Monday	6:30pm-8pm	Real Talk Mondays	Peer Support	Exclusive to CeDAR Alumni	CeDAR: 1693 N. Quentin St.	Room MB128/Lecture Hall
Monday	7pm-8pm	BYOBB	12-step	Big Book Study/Open	https://zoom.us/j/84930812795	first164
Tuesdays	3pm-4pm	Family Support Group	Facilitated by a Clinician	Exclusive to CeDAR Families	https://ucdenver.zoom.us/j/94161809710	support
Tuesday	6:30pm-8pm	SMART Recovery	Secular/Alternative	In-person or on Zoom (hybrid)	https://smartrecovery.zoom.us/j/95424670729	Room MB128/Lecture Hall
Tuesday	6:30pm-8pm	SMART Recovery Family & Friends	Secular/Alternative	In-person	CeDAR: 1693 N. Quentin St.	Room MB114
Tuesday	7:30pm-8:30pm	Moms in Recovery	Peer Support	Cross-talk/open	https://zoom.us/j/81973348243	momsreco
Wednesday	5:30pm-6:30pm	Bridges	Family Peer Support	Exclusive to CeDAR Families	https://zoom.us/j/89467301839	bridges
Thursday	6:30am-7:30am	Friends in Recovery	Alcoholics Anonymous	Open	https://zoom.us/j/88193794538	morningaa
Thursday	7pm-8pm	CeDAR Alumni Meeting	All-recovery	Exclusive to CeDAR Alumni	https://zoom.us/j/252143991	PW: Alumni
Thursday	7pm-8pm	Hope & Change	Al-anon	Beginners/Open	https://zoom.us/j/83887540802	N/A
Friday	1pm-2pm	Say It Out Loud	Peer Support	Exclusive to CeDAR Alumni	https://zoom.us/j/82813273002	Support
Friday	6:30pm-7:30pm	Recovery Dharma	Buddhist/Alternative	Meditation/Open	https://zoom.us/j/695483431	5280
Saturday	9am-10am	A New Freedom	Alcoholics Anonymous	Men's/Open	https://.zoom.us/j/7873467222	369635
Saturday	9am-10am	Saturday Starters	Alcoholics Anonymous	Women's/Open	https://zoom.us/j/704994523	N/A
Saturday	7pm-8pm	CeDAR Night Live	All-Pathways	Speaker/Open	https://zoom.us/j/87488176009	CNL21
Sunday	6pm-7pm	Shelf Indulgence	Book Club	Cross-talk/Open	https://zoom.us/j/88111332878	bookclub
Sunday	6:30pm-7:30pm	Rocky Mountain Clean	Narcotics Anonymous	Literature study/open discussion	CeDAR: 1693 N. Quentin St.	Room MB128/Lecture Hall